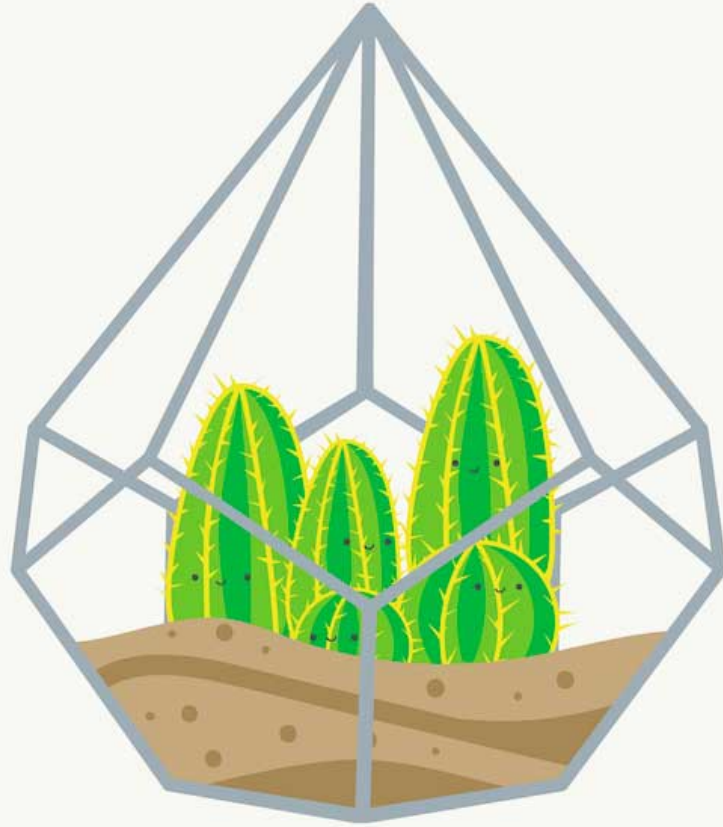








we support  
**WOMEN**



*family*













# ASPARAGUS RICE

(light recipe)

Ingredients:  
(2 servings)



Asparagus  
250 gr

Grated  
Parmesan  
20 gr



Vegetable stock  
1L



Extravirgin Oil  
1 tablespoon



1 Shallot

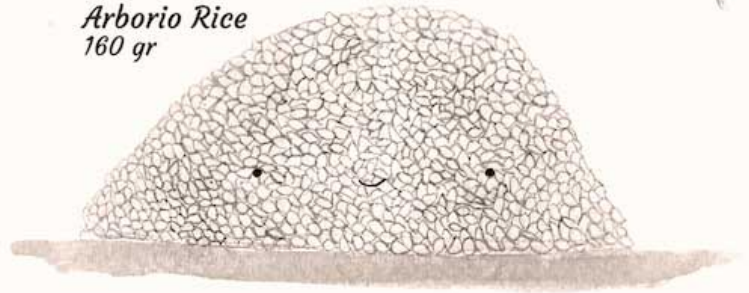
One pinch  
of Salt



White  
Wine  
50 ml

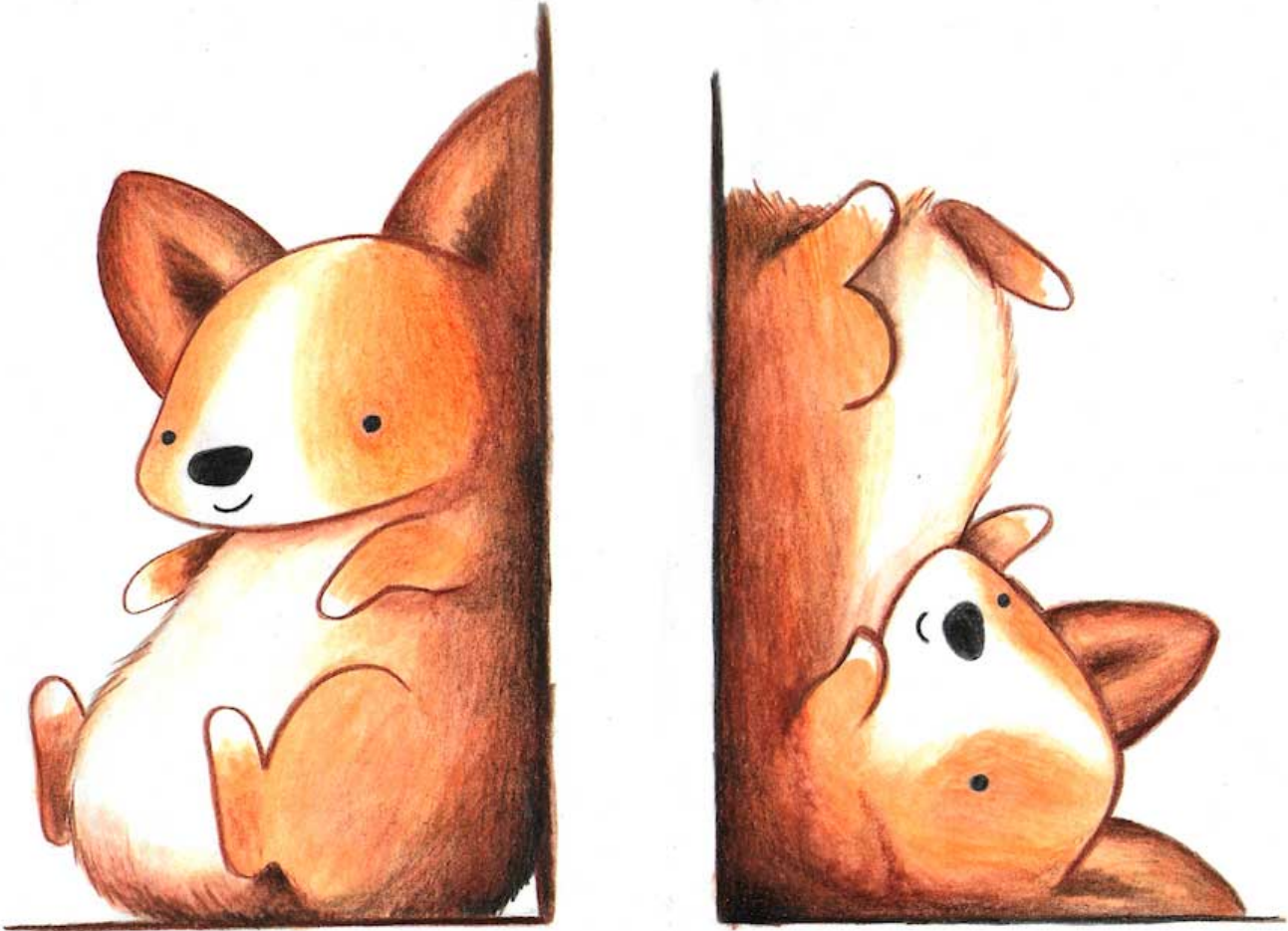


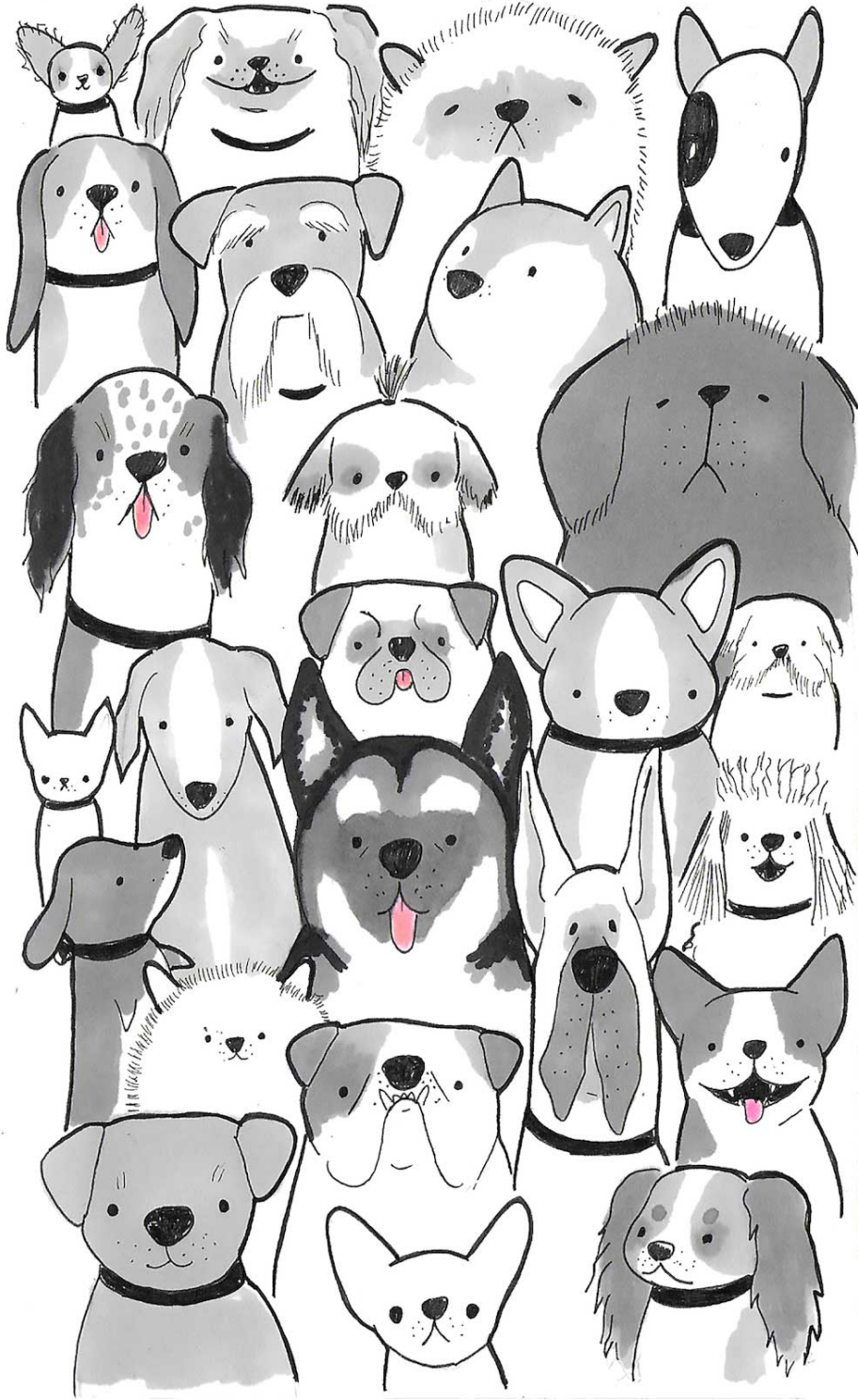
Arborio Rice  
160 gr

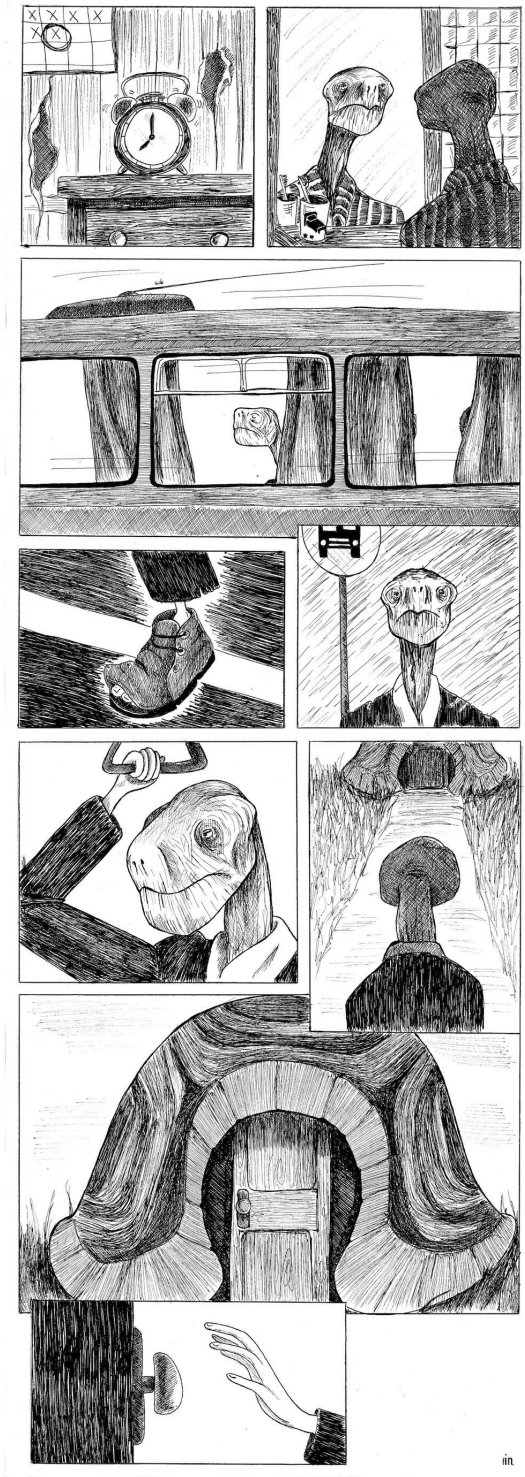






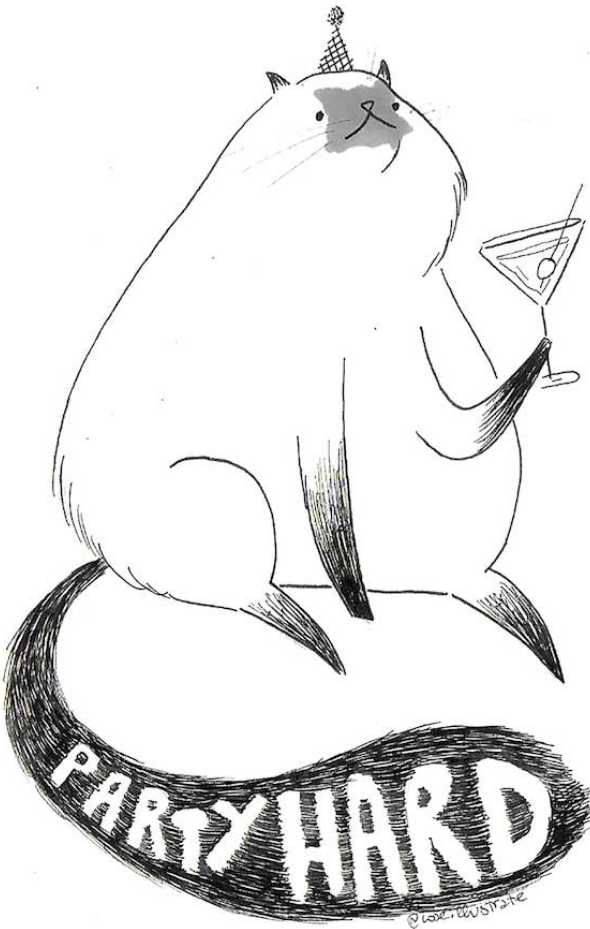




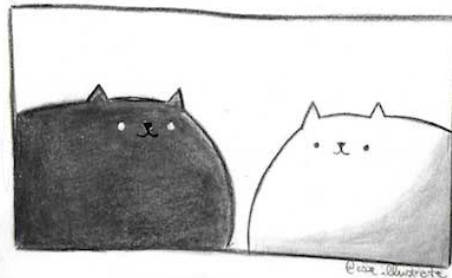
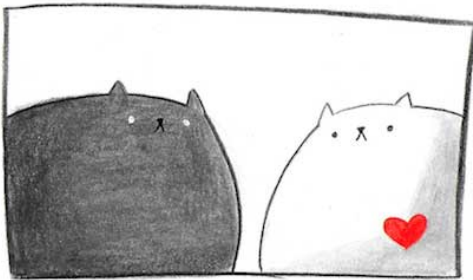
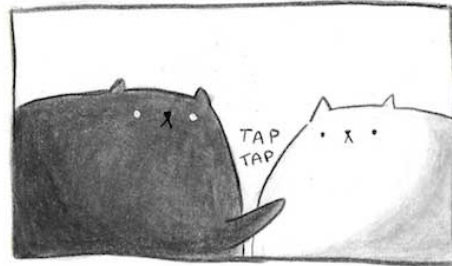
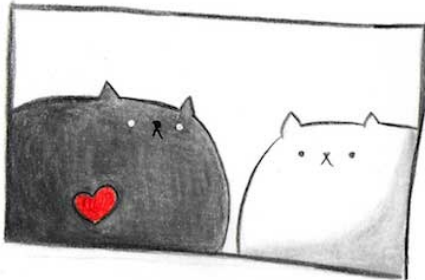
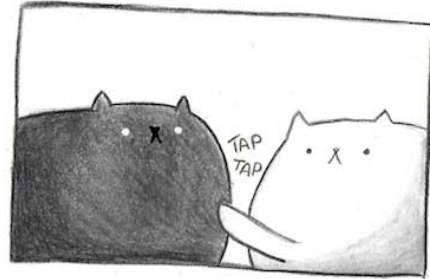
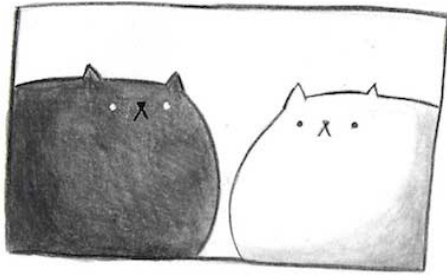


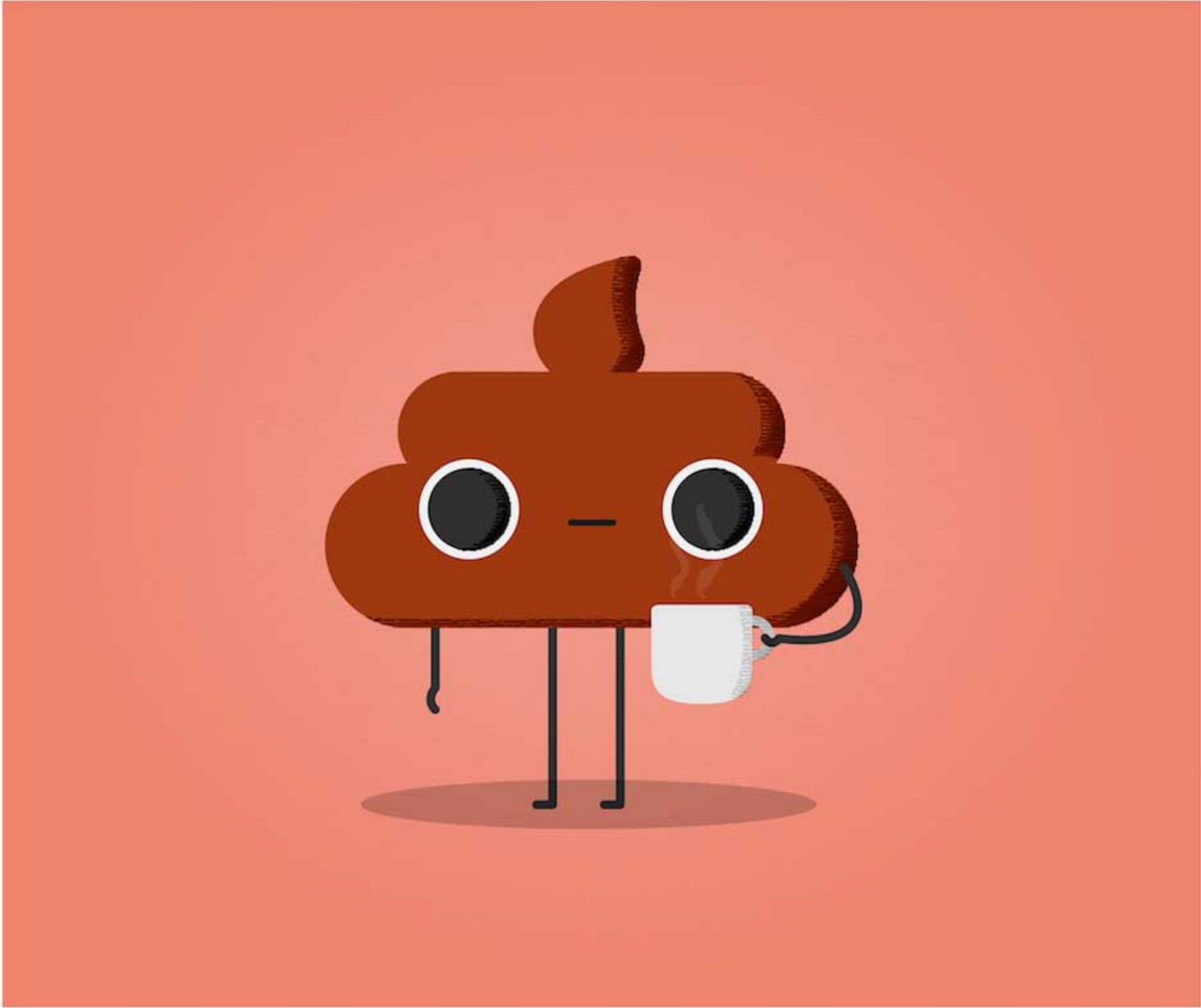




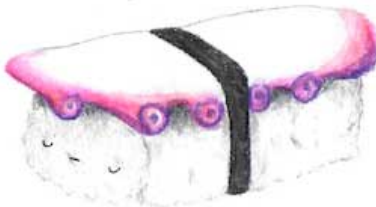
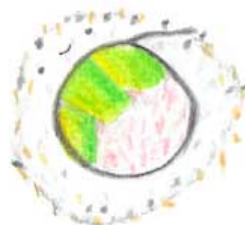
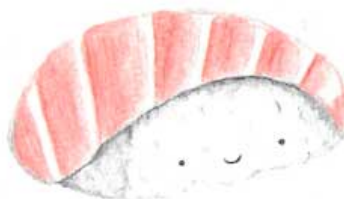


# ♥ LIKE4LIKE ♥









BEFORE COFFEE



AFTER COFFEE

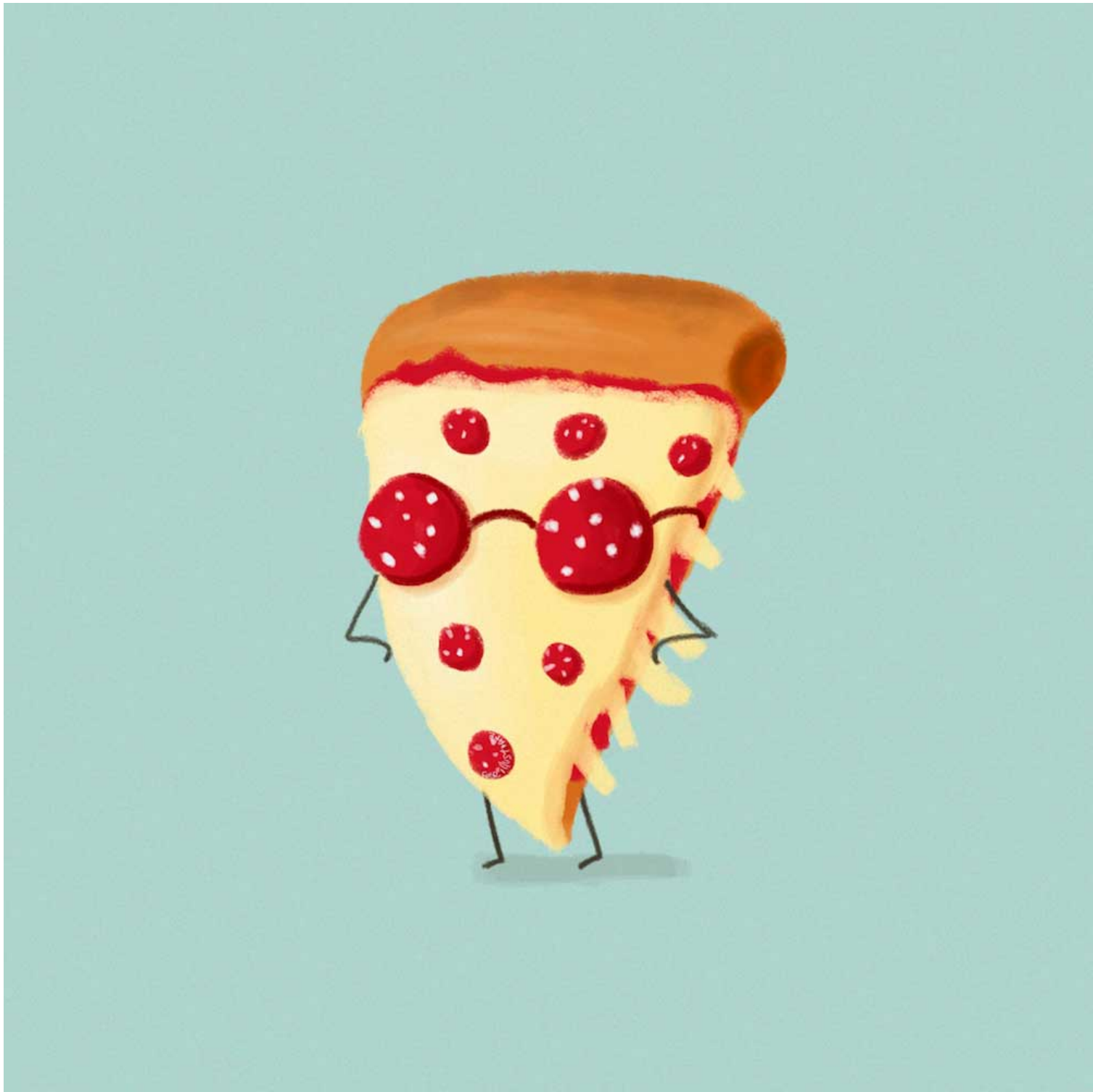














# Thankyou for viewing

